

Summer? 7895#

THE MAGAZINE OF BRIGHTON & SUSSEX VALE HASH HOUSE HARRIERS -

IF You've 1/2 A MIND TO THY HASHING - THAT'S ALL YOU NEED!

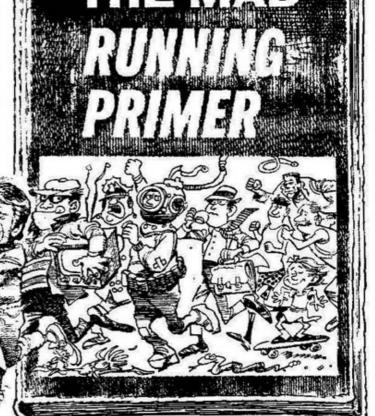
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ANTONE CAN HASH, COS IT'S EASICE THAN RUNNING, AND: -

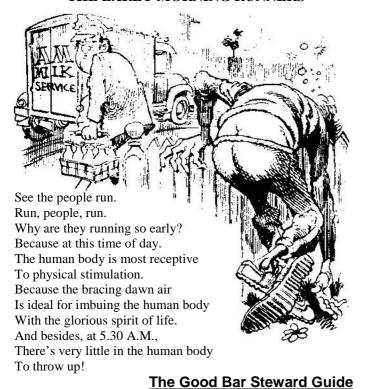
JOGGER-NUTS DEPT.

Remember how, in the past, the only people who did any running were football players, purse-snatchers and guys discovered in the wrong bedroom? Well, nowadays, it seems as if everybody's running. Some folks say it's because there's a new emphasis on health. We can't buy that. People have always been running for their health. Did you ever see what happens to football players or purse-snatchers or guys discovered in the wrong bedroom when they got caught?! So whatever the reason, everyone is running today, and that means it's time for us to bring you—



Chapter One

THE EARLY MORNING RUNNERS



By Roger Michaelson & Jack Pots

The Independent Imbiber's guide to bar staff to aid answering some commonly ansked questions or requests.

"A pint of bitter like I'd get up North, please". (obviously only relevant south of Watford)

"I normally drink Flowers IPA, what bitter can you

"Do you sell Caffrey's Irish Ale?"

"Here! There's an old lady outside who's just been mugged by a yob".

"Can I buy a pint of Fosters, please?"

"Have you any Pimms?"

"What's the best lager that you can recommend I have?"

Have you any of that Fuggles Chocolate Beer?"

"I normally drink Heineiken, what can you recommend?"

"Ere, you got Sky Sports, mate?"

"Have you got Scrumpy Jack in here?"

"I reckon that you lot behind the bar would look better if you wore ties, like in Whitbread pubs".

"Would it be possible to have credit just for tonight?"

"Do you sell Bass?"

"Got any Stones?"

"I wanna Black Label, mate".

"Where's the toilet?"

"When do you call "time"?"

"Not much selection 'ere, you havent't got any Sol!"

"Do you sell Stella?"

"Certainly Sir/Madam, for 20p less than normal you can have three quarters of a pint of foaming ale served with a tight sparkler, topped up to an inch from the top with the slops from the drip tray reserved for filtering back".

"Three quarters of a pint of tap water, topped up to an inch from the top with the slops fro the drip tray reserved for filtering back".

"I'm afraid not Sir/Madam, but if you wish for a similar mixed gas product I would be honoured to fart in your bath after closing time".

"Stay calm and think of the great British advertising slogan. For instance "I bet he drinks Carling Black Label"

"Sorry, Sir/Madam, we're only giving away tap water tonight"

"No, I'm sorry. If we did have prostitutes they'd be freelance anyway".

"One in Germany, Sir/Madam".

"Sorry, Sir/Madam, may I suggest a pint of porter served with a flake as an alternative?"

"A psychatrist and a stomach pump".

"We are currently saving up to hire an empty cargo plane for the purpose of playing football at 30,000 feet. We will leave the external doors open to act as goalpotss, would you like to be a goalkeeper, Sir?"

"Sorry, he's banned" or "Sorry, we only sell cider".

"Actually, we have special dual-puspose garments which at present are all in use as gags for other people who have said that".

"At this present moment you are a fine and outstanding person, and I am honoured to give you much credit for all your actions of excellence, past, present and future, Sir/Madam. Now pay up or get out, you scrounging git!"

"May Isuggest the fishmonger just up the road?"

"You would be much better off trying the beach, Sir/Madam".

"I'm afraid we're unable to provide that, Sir. However, we can introduce you to a black belt who would really like to practice on such a fine person as yourself!"

"It is situated beyond the door bearing the legend "Gents", Sir (or "Ladies", Madam)"

"Always at the same moment I ring the bell, Sir/Madam, normally at 11 o'clock".

"But we have sir. Please permit me to stuff this James Brown recorddown your throat and beat you senseless with the underside of this shoe, Sir".

"No, but I believe she sells herself on 0898...."



Chapter Two
THE CAMARADERIE OF RUNNING

Here is another group of runners.

Because they are convivial people.

Because they have things to say To one another as they run.

"Wheeze!" "Aargh!" "Pyucch!"

"How much #\$% &in' longer

Important things like,

And the ever-popular,

Do we have to go?!"

"Ugh!" "Gasp!" "Puff""

Why do runners like to run in groups?

Baa 1

Some bright spark's idea for ten friends to dress as fancy dress sheep came a cropper. The revellers at the Woodbine pub, Cirencester, went up in smoke when a cigarette set the inflammable glue on the costummes ablaze. Regulars threw drinks at the poor unfortunates and it is believed that no one was seriously hurt.

Baa 2

Why are French farmers wearing kilts these days? The sheep have got used to the sound of zippers. Not only that, but they also burn the evidence.

Baa 3

It is rumoured that the Big Ears' delivery truck was turned back by protestors at Brightlingsea. It was carrying a cargo of Black Sheep beers.

Baa 4

Why do white sheep eat more than black sheep? There are more of them!



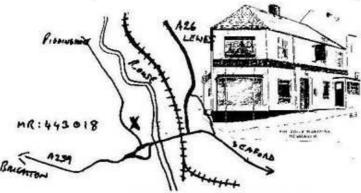
Receding Julyas Hareline

ENES

1K: 506 057

Run #889 - 3RD DULY, 1995 -> -

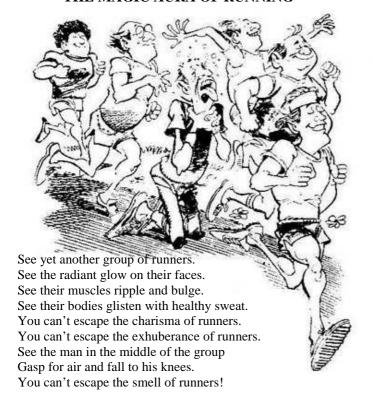
Run #890 - 10th JULY, 1995
ROSE COTTAGE INN, ALCISTON - TIM & DAVE

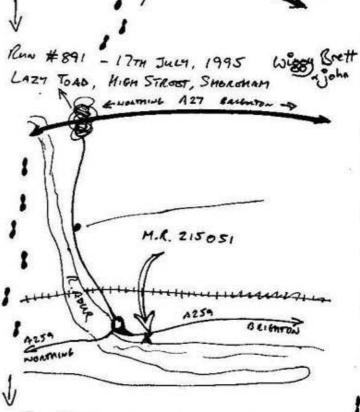


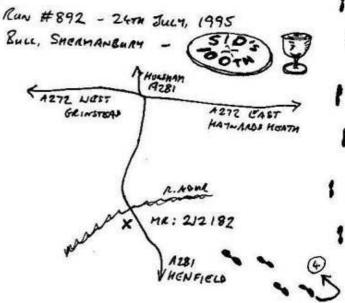
On the Newhaven – Piddinghoe – Lewes Road, near the edge of town, this wedge of cheese shaped local services the needs of both the local housing estates and the older Victorian area. Named originally 'The Lewes Road Taven', it later became 'the Ferry Boat'. This was allegedly changed again because the then landlord got fed up being asked the times of the cross-channel ferry. In fact, there was a local ferry that years ago crossed the Ouse River about 100 yards away. Modern roads and the changing pattern of development rendered it redundant. Nearby was situated the Vancouver Yacht Builders, famous for highly seaworthy boats in past times.

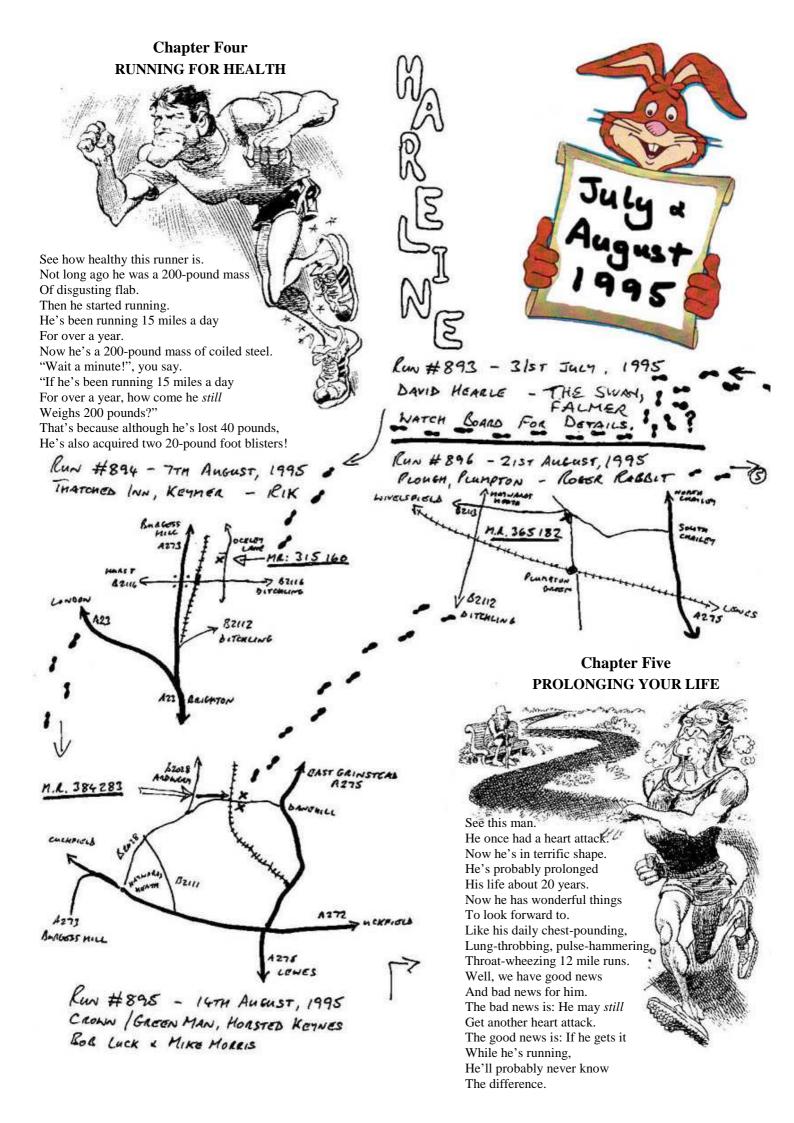


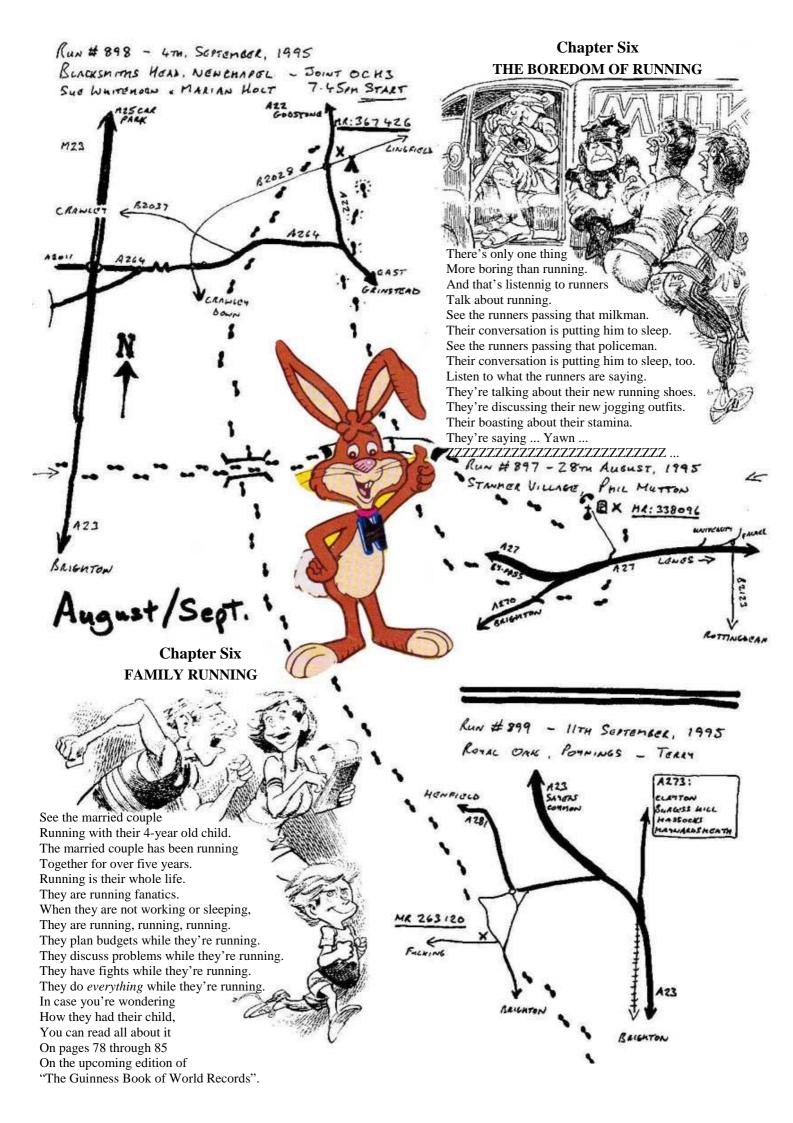
Chapter Three THE MAGIC AURA OF RUNNING



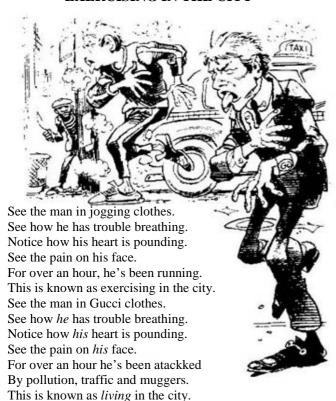








Chapter Eight EXERCISING IN THE CITY





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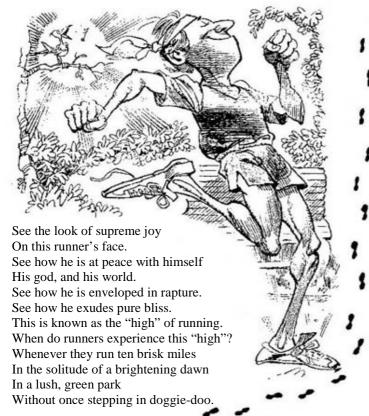
900 RUNS - THE STORY SO FAR

ALL CONTRIBUTIONS WELCOMED

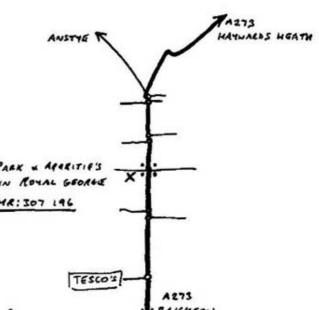
YOUR FAVOURITE WASH, MOST MANORMBLE!

TRAIL, COCK. LUS, BEST PUBS ETC.

Chapter Nine THE HIGH OF RUNNING



Bouncer given £75,000 for services to BH7 on reaching his 100th run.



Joint celebration curry night with BH7's 900th run at the Muktha Mahal, Burgess Hill on 18th September, 1995.

Chapter Ten MARATHON RUNNING

